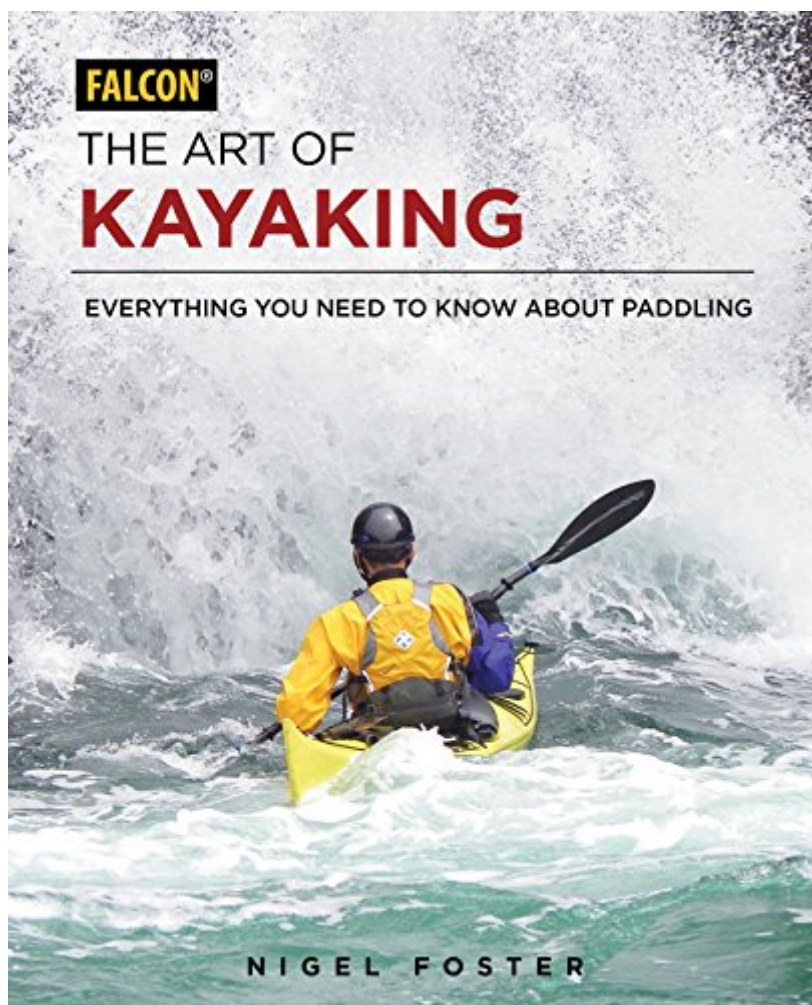


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# The Art Of Kayaking: Everything You Need To Know About Paddling



## Synopsis

The Art of Kayaking is the distilled essence of a lifetime of kayak instruction at all skill levels around the world, with the added insights gained from years of designing kayaks, paddles, and kayaking equipment. This comprehensive kayaking manual by one of the biggest names in kayaking offers more essential detail about commonly used techniques than ever before published in a single volume. Color photo action sequences show how to perfect skills, and how to apply them. Maps, tables, and diagrams walk the reader through essential planning steps. No matter which type of kayak, paddle, or style of paddling the reader prefers, the appropriate techniques are described clearly and concisely. The progression through the book makes it easy to start as a beginner and to access as much information as can be tackled at any stage of development up to and including the expert. It is a definitive manual designed to stand the test of time.

## Book Information

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## Customer Reviews

A way to really live, vicariously

Nigel Foster is both fun and an expert.

This is THE comprehensive guide to everything Kayaking! Nigel walks you through skills, equipment, planning and more with detailed instructions and very helpful photos. His storyteller writing style guides the reader to understand the "how", as well as the "why" behind each concept; with variations to technique and circumstance. What I found most helpful is that in each section, Nigel includes a blue box with bullets of key points. It's the perfect way to quickly revisit and recall what you have learned before an outing. Can't wait to get out on the water now!!

Yesterday, I attended a seven hour class with Nigel Foster. He has an easy to understand teaching style and a relaxed manner that puts everyone at ease. Best of all, he has an absolute wealth of knowledge regarding kayaking techniques. I've kayaked for many years, attended classes, and read numerous books. Yet, the skills we learned worked beautifully and were completely new to me. We learned techniques for turning around in a strong wind (gale conditions according to the NOAA website), along with a variety of advanced ruddering and edging techniques. He truly is an artist with a paddle. By the end of the day, I was eager to learn more, and I knew Nigel had a lot of information there wasn't time to cover in a seven-hour class. Lucky for me, Nigel mentioned he had just published this book the day before (4/1/2017). I'm ordering it and will update this post once I read the book.

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